

Our Hand For Help Charitable Foundation Society



#### > FOOD DISTRIBUTION:-

Have you ever stopped to think of the food you eat? Most probably No as you are fortunate enough to get 3 time meal easily without any sufferings and trouble. But the sad reality is that even in today's world of such a wide range of food products, a mind boggling number of people are still facing the hunger crisis. And why is it so — Poverty which is one of the major problems in our



country. The poor people are not able to achieve the basic needs of their lives even after their hard work due to social discrimination.

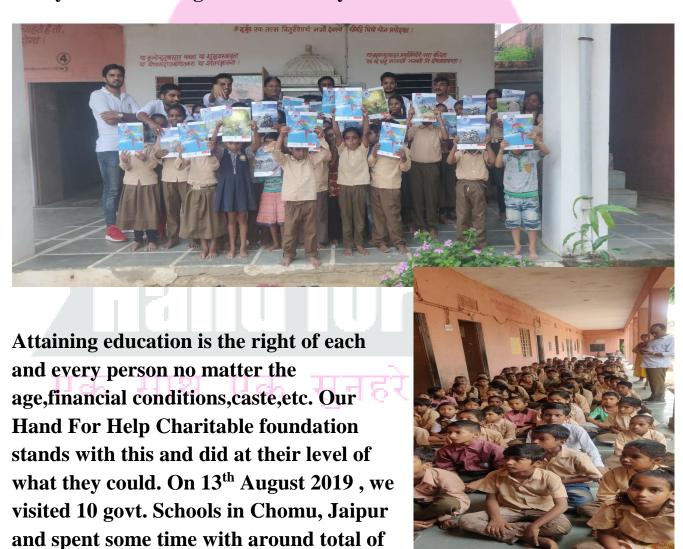


Hunger and starvation leads to malnourishment of individuals which lead to a poorer quality of life and as such hunger leads to more hunger and the vicious cycle continues. Hunger crisis leading to the economic and social down growth of this country is one of the major concerns of Our Hand For Help Charitable foundation and we on the 11th May 2019 conducted a food distribution programme on the Roadside area of Jaipur City and in the Mother Teresa Home for needy people in C-scheme Jaipur. We gave food packets to around 500 roadside people and around 250 people in Mother Teresa Home. The food packets included chapati, sabji, sweets



## > Program for Our Future:-

In today's world where one can reach the other corner of world without displacement, education has become an essential part of human life. Even if not that advanced, basic knowledge is necessary for an individual to be aware of the society and to thrive in this journey called life. But it is not that easy as there stands many social barriers in the way, of these the most significant is poverty. The concept of role a child should play in the society is still not clear, for example even now the poor people take them as source of income resulting in major issues as child labor and child trafficking and this deteriorate the child's lifestyle and thinking. This vicious cycle then is carried on.



800 students. After having a short session

on the necessity of education we distributed each student with some study materials including notebooks, pencils, erasers, etc



On the very same day, we also planted around 50 trees as an attempt to reduce global warming and providing awareness of the same.



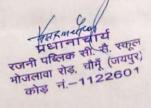
Another attempt we made for this cause is by helping an underprivileged needy child named Aruna Sharma D/O Harinarayan Sharma of Krishna Colony, Chomu, Jaipur (303702). We admitted her to a respectful institute – Rajani Public Senior Secondary School Chomu and shall pay for her expenses till she complete schooling.

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## To Whom It May Concern

प्रमाणित किया जाता है कि छात्रा अरूणा शर्मा पुत्री श्री हरिनारायण शर्मा निवासी कृष्णा कॉलोनी, चौमूं, जिला जयपुर संस्था रजनी पब्लिक सीनियर सैकण्डरी स्कूल में सत्र 2019–20 कक्षा XI Science Feculty में नियमित विद्यार्थी के रूप में अध्ययन किया है। उक्त छात्रा को NGO 'OUR HAND FOR HELP CHERITABLE FOUNDATION, CHOMU' के द्वारा प्रवेश दिलाया गया है एवं अध्यापन का खर्च वहन किया जा रहा है।

हम इनके उज्जवल भविष्य की कामना करते है।





## > Program at The Earth Savior Foundation:-

In India, a fraction of the population suffers from mental illness. Sadly much of them is neglected and turned a blind eye on. There are very few dedicated individuals in our country dedicated towards the well being of mentally ill people. One of those few kind hearted individuals is Mr. Ravi Kalra (Karma yogi: KBC Fame) who



This foundation also carries out the funeral (cremation or burial) of those who were not fortunate enough to get one by their families or had no families hence could not get a funeral. On 13<sup>th</sup> November 2019, OUR HAND FOR HELP CHARITABLE FOUNDATION interacted with mentally ill people there. After the interaction session, we donated essential food material like sugar, oil, flour, pulses, rice, milk, clothes, etc. to sustain them for few days.



#### > Work for a cute smile

In this world, many people are suffering from diseases which

makes their life vulnerable. They become fully or partially dependent on their family members.

One such girl is Manisha (Dabbu) suffering from Cerebral Palsy since birth. She unable to walk and stand properly.

OUR HAND FOR HELP CHARITABLE FOUNDATION concern and have sympathy for these people. We met Manisha in 2017. And to help her so that she lives her life with dignity.



### **OUR HAND FOR HELP CHARIYTABLE**

FOUNDATION organise a funding on the crowdfunding platform Milap.com. By this initial funding, we have given treatment to Manisha by a physiotherapist.



# Christmas Celebration for Needy :-

Warm clothes are the basic need of poor people in winters. Many people cannot afford good quality warm clothes. And for this, on the day of

Christmas 25th of December 2019, OUR HAND FOR HELP CHARITABLE FOUNDATION organise a programme to distribute winter and normal clothes and food packages to the needy ones.



Reusable

winter and normal clothes were collected from the college students and some kind donors. We distributed clothes and food packets in slum areas, road side area(Chomu to Jaipur city). Around 1000 persons of all age were benefitted from this nobel cause.

